

In *The Handbook to Jewish Spiritual Renewal: A Path of Transformation for the Modern Jew*, Rabbi Dr. Arthur Segal distills millennia of sage advice into a step-by-step process to reclaim your Judaism and your spirituality in a concise easy-to-read and easy-to-follow manner.

If you find yourself wishing to develop a personal relationship with the loving, forgiving God of Judaism Who will give you the strength to sustain you through the ups and downs of life...

...If you want to learn how to live life to its fullest without angst, worry, low self-esteem or fear of failure, and without attachment to success-limiting outcomes...

...If you wish that your relationships with family, friends and co-workers were based on love and service and free of ego, arguments, resentments and feelings of being unloved...

...Or if you are simply at the point in your life when you want to know more about Judaism's philosophy of living, this book is for you.

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What others are saying about *The Handbook to Jewish Spiritual Renewal: A Path of Transformation for the Modern Jew*:

*"You lead the spiritual practices of the entire program and offer our followers a unique spiritual opportunity."*

Hune Margulies, Ph.D.  
Founder, Martin Buber Institute

*"You are a modern prophet!"*

Julian Friedman, Esq., Parnas Emeritus  
Mickve Israel Congregation, Founded 1733

*"I think you are very profound and prolific and that here is a definitive need both in Judaism and Christianity to get back to the basics of what was originally handed down and not the man made distortions of The Word, that has been created by manipulative humans in the religions..."*

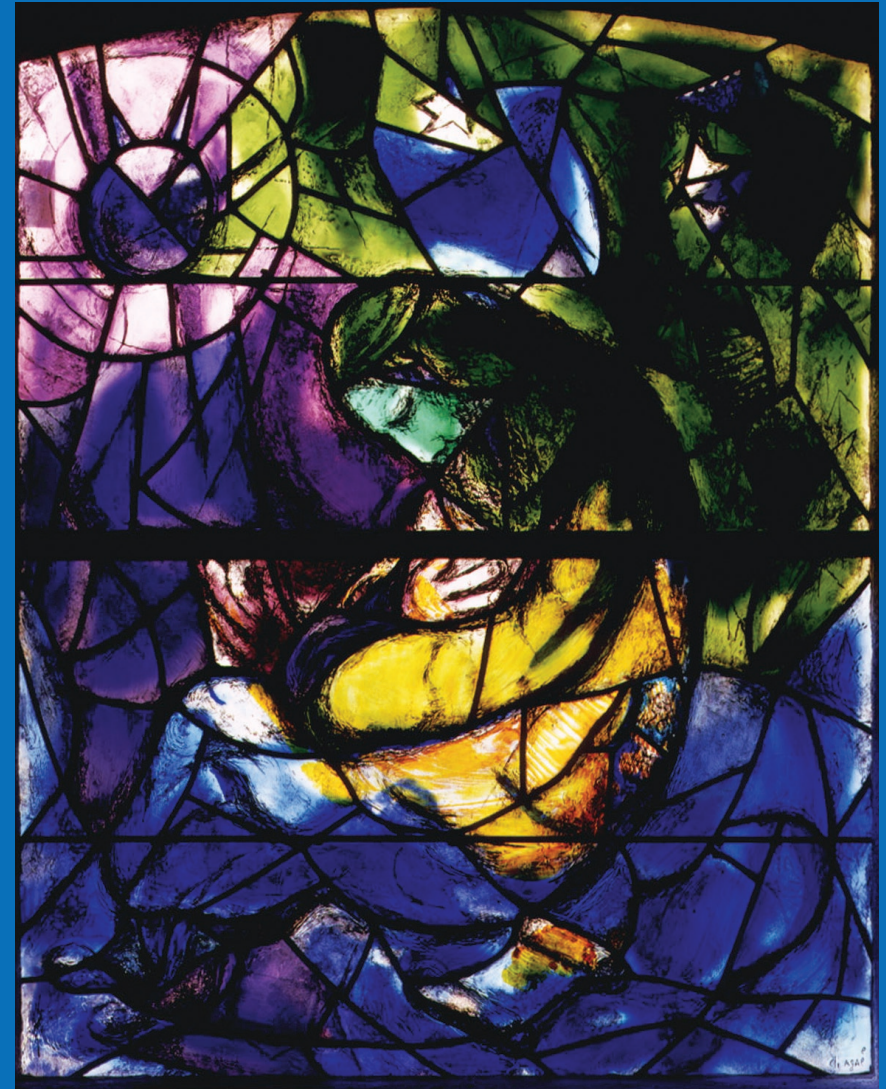
Rev. S. Wolfe, OBM



THE HANDBOOK TO JEWISH SPIRITUAL RENEWAL

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A Path of Transformation for the Modern Jew



by Rabbi Arthur Segal  
with Frank Dunne, Jr.

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RABBI ARTHUR SEGAL  
WITH FRANK DUNNE, JR.