



*“A tree of life (etz chayyim) to those of us who grasp onto it.” – Proverbs 3:18*

In *A Spiritual and Ethical Compendium to the Torah and Talmud*, Rabbi Dr. Arthur Segal dissects each of the Torah’s weekly sections (parashot) using the Talmud and other rabbinic texts to show the true Jewish take on what the Torah is trying to teach us. This companion to Rabbi Segal’s *The Handbook to Jewish Spiritual Renewal: A Path of Transformation for the Modern Jew* brings the Torah alive with daily relevance to the Modern Jew.

All of the Torah can be summed up in one word: Chesed. It means kindness. The Talmud teaches that the Torah is about loving our fellow man and that we are to “go and study.” The rest is commentary. This compendium clarifies the commentary and allows one to study Torah and Talmud to learn the Judaic ideals of love, forgiveness, kindness, mercy and peace.

A must read for all Jews and deserves a place in every Jewish home.

**What others are saying about *A Spiritual and Ethical Compendium to the Torah and Talmud*:**

*“Very informative and timely. It allows many people to benefit from Torah lessons, where many of them may not otherwise have an opportunity receive such content.”*

Mauricio Benzipporah  
Beta-Gershom Organization

*“Shalom. What a blessing your insights have given me. I am interested in reading more of your writings of Talmud. I find it difficult to find good Talmudic readings. Excellent work, Rabbi!”*

Rabbi Daniel

*“...most insightful (Torah) essay I could find was written by Rabbi Arthur Segal.”*

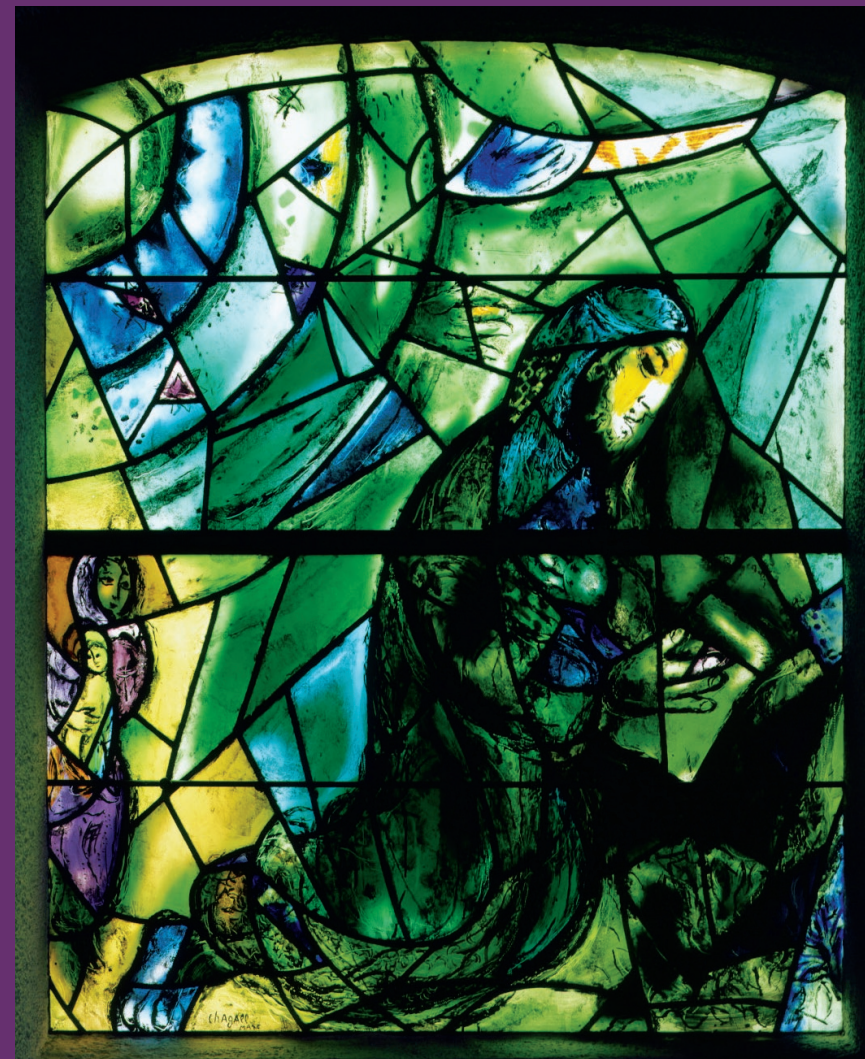
Leslie Palma-Simoncek  
Staten Island Advance



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RABBI ARTHUR SEGAL,  
WITH FRANK DUNNE, JR.

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by Rabbi Arthur Segal  
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